

A. M. SHAIKH HOMOEOPATHIC MEDICAL COLLEGE BELGAUM
HEALTH CHECK UP CAMP BY DEPARTMENT OF PAEDIATRICS

Department of Paediatrics under the guidance of Dr Nahida M Mulla organised a health screening camp at Bhatkande's Cambridge International School Khasbag Belgaum. Total number of children screened were 200. Majority of the children are suffering with Dental caries, pityriasis alba, allergic rhinitis, worm infestation. If left undiagnosed, worm infestation often causes serious health problems & impacts child's ability to attend & perform well in school. It produces nutritional deficiencies, anaemia, and stunted physical and mental growth, repeated gastrointestinal & upper respiratory tract infections. Students were advised to maintain personal hygiene, washing of hands before eating & using footwear while playing or walking in open areas. Students were explained about the importance of nutritional care and support to prevent the development of nutritional deficiencies. A healthy and balanced diet helps sustain child's immunity, which helps the students to excel in their academics. Female students were explained about the menstrual hygiene. Creating awareness and openness is one of the most effective ways to help teach girls how to properly manage their menstrual hygiene. Ensuring proper hygiene during menses and eating right is the key to ease the pain you go through during menses. Poor menstrual hygiene can pose physical health risks and has been linked to reproductive and urinary tract infections. The team of doctors visited are Dr Farhat, Dr. Arun , Dr Jenisca, Dr. Aishwarya, Dr. Ashwini, Dr. Faizan, Dr. Nizamuddin, Dr. Mohammad Ilyas, Dr. Mahima and Dr. Sakina.

